





Al-Anon @ Soberfest - Alanonathon Topics











March 30, 2011

Rocketed Into a Fourth Dimension






Friday - November 18, 2011

-  4:00 pm - 5:00 pm Opening Welcome “We Realize”
-  5:00 pm - 6:00 pm “We Could Not”
-  10:00 pm - 11:00 pm “Do It Alone”
-  11:00 pm - 12:00 am “We Turn It Over”

Saturday - November 19, 2011

-  12:00 am - 1:00 am “We Praticce”
-  1:00 am - 2:00 am “We Look In The Mirror”
-  6:00 am - 7:00 am “We Stop Fooling Ourselves”
-  7:00 am - 8:00 am “We Prepare and Get Ready”
-  8:00 am - 9:00 am “We Develop, Accept, Are Willing”
-  11:00 am - 12:00 pm “We Build Relationships”
-  3:30 pm - 4:30 pm “We Laugh At Ourselves”
-  4:30 pm - 5:30 pm “We Let Go of the Memories and the Pain”
-  10:00 pm - 11:00 pm “We Move On With a Clear Conscious and Put the Pain Behind Us”
-  11:00 pm - 12:00 am We Clear the Daily Clutter

Sunday - November 20, 2011

-  12:00 am - 1:00 am “More Will Be Revealed”
-  1:00 am - 2:00 am “Intimacy”
-  6:00 am - 7:00 am “We Pick Up The Simple Tools”
-  7:00 am - 8:00 am “We Live the 4th Dimension”
-  8:00 am - 8:45 am “We are Grateful”